



Open Access Walks



The Countryside Access Officers are responsible for the operational functions of the Public Rights of Way in the East Riding. We inspect paths, visit farmers and landowners to discuss issues, and arrange maintenance and improvement works on the footpaths, bridleways and green lanes. The team promotes the benefits that can be gained through organised countryside walks and events, and always act to conserve and improve our natural heritage.

The Countryside Access Team is also responsible for some of the Local Nature Reserves in East Yorkshire. We work towards conserving and improving the reserves for their wildlife value, whilst providing a fantastic natural haven for everyone to visit at their leisure. We promote the use of the reserves by people of all ages, abilities and interests; for education, for play or for the sheer joy of being in a wild place with the freedom that it offers.

Walking on access land gives you the chance to enjoy vast areas of England's outdoors without the need to stick to paths. Commonly known as the 'right to roam' this right covers some of England's most wild and

dramatic landscapes, heaths, moors, down and areas of registered common land. The Open Access symbol is used to mark the boundaries of land available for area-wide access.

Open Access

The historic new right of Open Access commenced in the East Riding of Yorkshire Council's section of the Yorkshire Wolds Way in 2005.











Open Access means that you can walk through some of the green dry Wolds valleys that were previously out of bounds to the public.






Look out for this symbol on Open Access land.

Exact details of where you can walk are available from Natural England's Open Access website: <http://www.countrysideaccess.gov.uk>

open access walks

	WALK 1 Bunny Hill / Hotham Carr	P6-7
Distance: 7 miles Time: 3.5 hrs		
	WALK 2 Beverley Commons	P8-9
Distance: 7 miles Time: 3.5 hrs		
	WALK 3 Newbald / Big Hill	P10-11
Distance: 5¼ miles Time: 2.5 hrs		
	WALK 4 Huggate / Frendal Dale	P12-13
Distance: 10 miles Time: 5 hrs		
	WALK 5 Fridaythorpe / Pluckham	P14-15
Distance: 7.5 miles Time: 4 hrs		
	WALK 6 Wayrham / Deep Dale / Worsen Dale	P16-17
Distance: 8¾ miles Time: 4.5 hrs		
	WALK 7 Warter / Lavender Dale / Great Dug Dale	P18-19
Distance: 7½ miles Time: 4 hrs		
	WALK 8 Millington Pastures	P20-21
Distance: 3½ miles Time: 2 hrs		
	WALK 9 Bishop Wilton / Hagworm / Worsen Dale	P22-23
Distance: 2½ miles Time: 1¼ hrs		
	WALK 10 Cottam	P24-25
Distance: 6¼ miles Time: 3 hrs		

-  Gentle walk suitable for most levels of fitness. Short countryside walks mainly on level paths.
-  Moderate walk suitable for average fitness. Countryside walks with a few gradients and some steps. Boots recommended.
-  Strenuous walk suitable for those with a good level of fitness. Countryside walks with steep gradients, steps or rough terrain. Boots essential.

COUNTRYSIDE CODE

Please follow the guidelines to help keep the countryside safe and enjoyable for all.

- Be safe - plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people



Times are based on an average walker including stops (approx 2 miles per hour).



Open Access FAQs

SO CAN I WALK WHEREVER I WANT?

No, Open Access is not a right to roam anywhere.

- You can't walk across arable land.
- Access to buildings and access within 20 metres of a house is also not allowed.
- Active quarries, railway lines and landing strips are all excluded.

You can, of course, always walk on existing Rights of Way.



ARE THERE ANY OTHER RESTRICTIONS TO ACCESS LAND?

Occasionally it may be necessary to close the Open Access land for land management, nature conservation, safety or fire prevention purposes.

This may include the sensitive bird nesting season from 1st March to 31st July.

To find out about restrictions:

- Visit www.countrysideaccess.gov.uk (following the links to view the maps)
- Telephone 0845 100 3298

Please note that Open Access areas in the East Riding have Public Rights of Way through them and these will remain open even if the Access area has legally been closed. Most of these walks can therefore still be enjoyed even though the land is closed.

WHAT CAN I DO ON OPEN ACCESS LAND?

You can:

- Walk, run, climb, picnic, take photographs, paint, watch wildlife and above all appreciate the stunning landscape.

You can't:

- Camp, light fires or leave litter.
- Fish, swim, hang glide, paraglide, metal detect, fly model aircraft or do any other activity without the permission of the landowner.
- Take anything from the land, damage property or disrupt any lawful activity.

WHAT ABOUT CYCLISTS AND HORSES?

You cannot cycle or horse ride on access land except on existing bridleways or where additional access has been agreed.

Vehicles and motorcycles are not allowed.

HOW DO I FIND OUT WHICH AREAS ARE OPEN ACCESS?

Open Access land is shown on Ordnance Survey Explorer Maps published since May 2005. These are available from good bookshops.*

* expect to pay around £8.00.

You can also see areas of access land by visiting the Natural England website: www.countrysideaccess.gov.uk
Or via tinyurl.com/2mmjy8

WHAT ABOUT SAFETY ON THE ACCESS LAND?

Visitors are responsible for taking proper care of themselves and any children or dogs that go with them. Landowners will not be liable for any injuries caused by the natural features of the landscape such as rocks, trees, rivers, streams ditches or ponds.

CAN I TAKE MY DOG?

They are allowed on Open Access land but must be kept on a lead between March and July. On Rights of Way dogs must be kept under close control.

WHERE ELSE CAN I WALK IN THE EAST RIDING?

Either use the map below to walk the Public Rights of Way shown, or visit www.eastriding.gov.uk/countrysideaccess. To find a walk using the Walking the Riding section of the website.



Bunny Hill / Hotham Carr



Distance: 7 miles Time: 3.5 hrs

Starting from the war memorial opposite the Hotham Arms pub take the road opposite the pub to Four Land Ends crossroads. Go straight on down Common Hill and straight on at the next crossroads along Carr Lane. At the end of Carr Lane, follow the Bridleway to the W of Glebe Farm walking in a NW direction towards a wooded area. After emerging from the woodland, follow the public footpath straight on ignoring the bridleway on the left. At the ruin marked as Duck Nest on the map do not follow the track to the right, go straight on following the waymarkers to a gap in the hedge in the NW corner of the field. Turn sharp left and after about 50yds turn right. Go along the field edge next to the wood until you meet the track near Carr Farm, where you turn right along the track.



Follow the track E, then N to a small wood on the bend. Beyond the track are two pieces of interesting access land that the

public are entitled to visit: this is lowland heath land with plants such as heather and purple moor-grass. The first parcel of land is accessed by a kissing gate, and the parcel beyond by a sturdy bridge over a stream. PLEASE DO NOT USE the private track adjacent to the woodland.

On returning to the track, continue all the way to public road at South Cliff. Turn left and taking care to cross a busy road, turn right along a minor road. Follow the lane which soon becomes a private drive. After about 150yds follow the waymarkers through the hedge on your right. As you start to rise slightly follow the field edge with the field on your right.



Photo courtesy of Alan Turner

As the track rises steeply follow the waymarks keeping a fence on your left and eventually as the steep hill levels out you emerge with a field on your right and a wood on your left.



Photo courtesy of Alan Turner

Bunny Hill is the only example of Lowland Heathland Access Land in East Yorkshire. All the others being classed as 'Down'.



Follow the edge of the wood then go along the field edge with the field boundary and then another wood on your left eventually meeting another public footpath. Go right along the field edge to Cliffe Dales and passing to the right of the farmhouse go straight on. Where the track turns right, take the public bridleway to the left. When you reach Denton Lane, turn right and follow the lane until it meets Main Street Hotham, and continue straight on back to your start point.

Beverley Commons



Distance: 7 miles Time: 3.5 hrs

(This is a fascinating walk, across the access land of Swinemoor and Figham, and along the banks of the R. Hull.)

From Beverley Leisure Centre walk out on to Flemingate and turn right then left along Holme Church Lane. Just after St Nicholas's Church take the public footpath through to Grovehill Road. Cross Grovehill Road turning right then left along Neville Avenue. Keep on Neville Avenue, going straight on at Schofield Avenue. Go straight on along Wilberforce Crescent. As the Crescent bends left follow the grass in front of some metal railings until Burden Road and take Ashmole Walk on your right to Swinemoor Gatehouse. Take the lane to the left side of the Gatehouse.



Once on Swinemoor take the path across the common, keeping the belt of trees on your left and heading for a substantial arched brick bridge that is around 1/2 mile from Gatehouse. Go over the bridge and take the path left along the east side

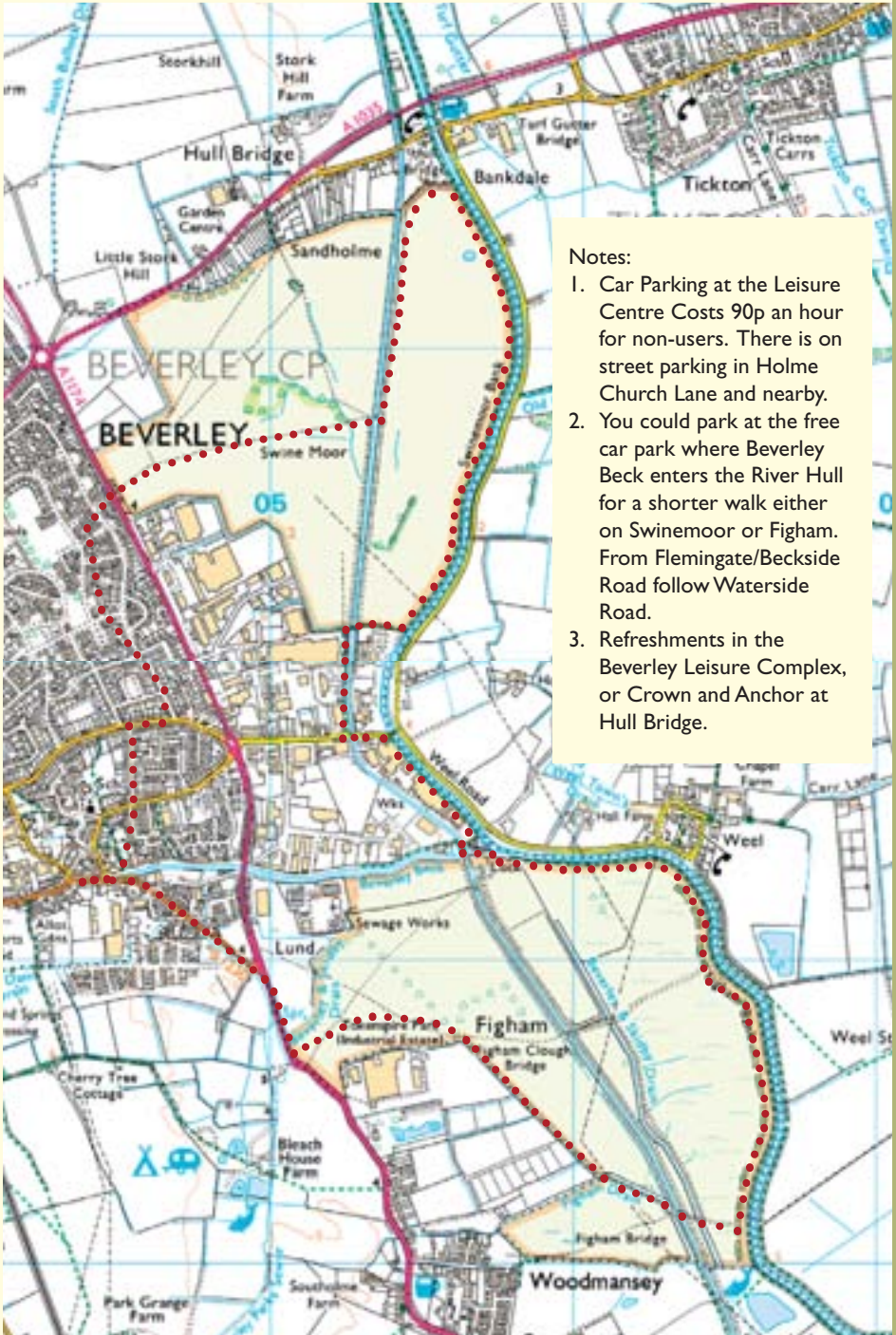


of Barmston Drain. Before exiting the common head right towards the River Hull and join the path turning right and following the riverbank. (Or you may make a detour north on the riverbank for 200yds to the Crown and Anchor at Hull Bridge for refreshments.) At the S end of the common follow the path to the right over a bridge over Barmston drain then along a path south to Grovehill Road turn left then right along a public footpath on the W bank of the River Hull.



The path emerges at Beckside where you can then turn left over the lock gates. Now keep following the R. Hull and enter Figham Common via a kissing gate at the far end of a car park. Follow the path along the bank of the river. Just before the river leaves the common take a track on the right to Figham Bridge. Go right over Figham Bridge, cross Figham Drain, walk along Figham Drain for 300yds and then cross it.

Cross the Common keeping the fence and hedge on your left heading NE to the rear of Tokenspire Industrial Estate (in the general direction of the Minster). Near Tokenspire turn more westwards (to the left) and leave the Common at a kissing gate on Hull Road. Follow Hull Road back into Beverley, along Beckside and Flemingate before finally arriving back at the Leisure Centre.



Notes:

1. Car Parking at the Leisure Centre Costs 90p an hour for non-users. There is on street parking in Holme Church Lane and nearby.
2. You could park at the free car park where Beverley Beck enters the River Hull for a shorter walk either on Swinemoor or Figham. From Flemingate/Beckside Road follow Waterside Road.
3. Refreshments in the Beverley Leisure Complex, or Crown and Anchor at Hull Bridge.

Big Hill, North Newbald



Distance: 5¼ miles Time: 2.5 hrs

From The Green in the centre of North Newbald village, take Eastgate in the direction of Beverley for about 200yds. Turn left along Eastwold and where the road ends follow the footway that leads in the same direction to Townside Road. On the opposite side of the road, follow the Public Footpath and private access road towards Dot Hill Farm.



Where the private road bears right follow the field edge public footpath to the edge of Syke House Farm. Turn right here and the path follows the NW edge of the Big Hill open access area. The path eventually leads into the open access area. Once in the access area, you are free to take any route until you reach the furthest north-eastern corner of the area. After leaving the access area follow the field edge path until you meet the Yorkshire Wolds Way where a

fingerpost tells you it is 20 miles to Hessle and 59 miles to Filey along the Yorkshire Wolds Way.

Follow the YWW in the Hessle direction, enjoying the spectacular views across the River Ouse and Trent and the Vale of York if weather conditions permit. You will pass a well maintained Ordnance Survey Trig Point. The O.S. no longer uses these, and they are maintained by private individuals and organisations. This one stands at 480ft (144.66m) above sea level.

Keep along the Green Lane until you reach a road. Turning right leads you back into North Newbald village and eventually back to The Green. (Refreshments in North Newbald in the Tiger or Gnu, also the village shop).





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Ordnance Survey Map SE 93



Huggate / Frenal Dale



Distance: 10 miles Time: 5 hrs

From the village green, head north along Church Street then follow the road to the right (Town End Lane). The route then turns right at the stile into the access land (Cow Dale) where you can wander anywhere along the dry valley. At the merging of the valleys, take the path over the stile to the right and follow the valley for about $\frac{3}{4}$ mile to a kissing gate, then follow the edge of the wood to the track and turn right and you will arrive at the Huggate - Wetwang Road. You then turn right to follow the road back towards Huggate for about $\frac{3}{4}$ miles taking the second road to the left towards North Dalton.

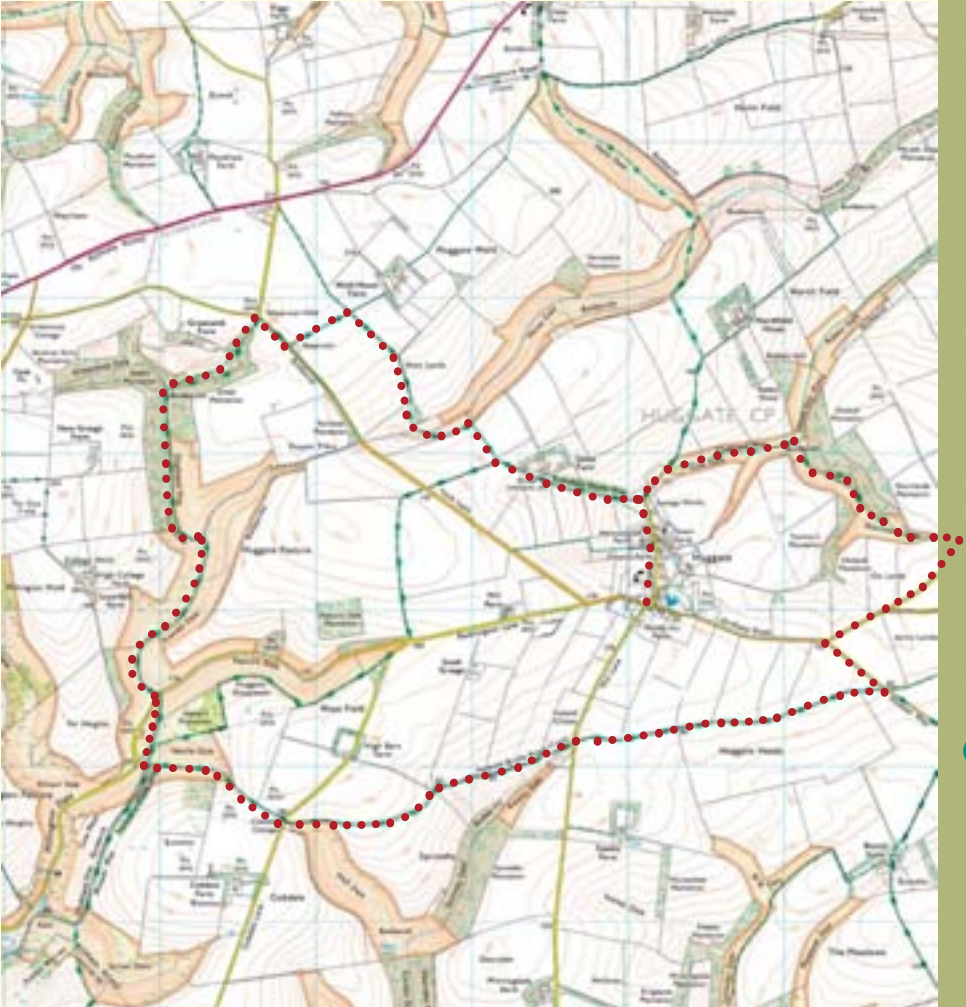


Approximately 500 yds down the road pass through the bridle gate on the right-hand side. This takes you down a broad grass track heading W along the Minster Way. After about 1 mile you cross a minor road and after a further 1 mile you pass across the top of Well Dale, which is open access land. Well Dale offers good scenic views and you can explore the dale though there is only one entry/exit point at the NW corner.

500 yds after the track crosses a second road, take the bridle gate into Nettle Dale, which is open access land. This is part of the largest site of open country in the East Riding of Yorkshire (known collectively as Millington Pastures - see walk 8) covering approximately 250 hectares. The route shown follows the tree line on the slope to briefly join the Yorkshire Wolds Way before heading down to the road, though you are free to wander as you please in the open access land.

After crossing the road you can follow, in a northerly direction, the bottom of Frenal Dale or choose to go along the top of the eastern side to see the Huggate Dikes. At the north end of the access land follow the bridleway through the woods northwards then north-easterly until you reach the road. Follow the road towards Huggate for about 250 yds then take the footpath on the left towards Huggate Wold House, then turn right and follow the hedgeside bridleway south-easterly to the end of Horse Dale. Horse Dale is another Open Access site where you can wander freely if you wish to divert off the marked route.





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Ordnance Survey Map SE 85

Leaving Horse Dale, follow the footpath along the hedge until it joins the farm access road, then after about 200 yds the footpath veers right of the road to pass behind the farmhouse and rejoin the access road further down the hill. The access road then takes you back to Church Street and back into Huggate where you started.

Field boundary stones



Fridaythorpe / Pluckham



Distance: 7½ miles Time: 4 hrs

Look out for the Yorkshire Wolds Way sign leaving the A166 at the S end of the village on a bend. Follow Cowpasture Lane (track) and enter Holme Dale. This is open access land on which you are free to roam.

Continue following Yorkshire Wolds Way signs until you reach the gate at the merging of the dales. Alternatively, keep left along the top of the dale, eventually dropping down to gate mentioned previously. Bear right and climb diagonally up the S side of Horse Dale. Where the right of way leaves the dale, continue in a westerly direction on Open Access land along the rim of Horse Dale until you meet up with the Yorkshire Wolds Way again.

Follow the YWW west then NW crossing the private access road to Wold House Farm. Go straight on to meet the A166 in about 900 yds. Follow the grass verge on the S side of the A166 until you are opposite the entrance to Pluckham Farm. Cross the A166 WITH GREAT CARE and follow the waymarked Bridleway through Pluckham to the minor road beyond.

Follow the minor road in a NW direction until, after about 750 yds, you meet the Yorkshire Wolds Way at Gill's Farm and follow the YWW signs through Gill's farm into Brubber Dale.

This is open access land. Continue along YWW, climbing out of Brubber Dale and back to Fridaythorpe.





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Ordnance Survey Map SE 85



Wayrham / Deep Dale / Worsen Dale / South Wold Dale / Wayrham Dale



Distance: 8³/₄ miles Time: 4.5 hrs

Starting at the Wayrham picnic site take the minor road towards Huggate for 50 yds then the public footpath on the right through a wood and into a grass field. Continue towards the next stile with the hedge on your left. At the next stile, whilst the legal path is to the right before the hedge, the landowner offers an alternative route on the other side of the hedge for those that prefer not to walk amongst cattle. Follow the waymarked path until you come to a wood. Keep to the right of the wood to meet a minor road (shown as ROMAN ROAD on the OS map). Turn left then, after 500 yds, turn right along a public footpath. At the end of the wood on your right, go through a gate and turn right into the Deepdale open access land. You are free to roam anywhere on this chalk grassland site in a dry-valley complex, but an internal fence along the bottom of the valley may be difficult to cross. Therefore contour in a northeasterly direction to a gate at the head of the valley. Continue southwest along the north side. This section along the head of Deepdale through an SSSI (Site of Special Scientific Interest) affords one of the finest views on offer in the area. Look out for buzzards soaring on the thermals on sunny days. Keeping to the high side of the valley, eventually bear right and drop down along a grassy track to



a gate in the valley bottom (SE 81823 56038). Pass through a gate into another open access area. From here you can climb steeply up the hill side with the wood on your left or continue north along the valley bottom, and climb steadily up the left hand fork to the head of the valley, then contour south, passing the earthworks of Cot Nab, to the gate at the top of the wood. Go through another gate and onto a chalk track leading to a minor road. You are now around 230m above sea level and close to the highest point in the East Riding at Cot Nab (246m or 807ft). Go straight on across the road along a public footpath downhill to a right turn at the end of the wood. Here there is a kissing gate that allows entry into the Worsen Dale open access area, however turn right and go past this gate and continue along the public footpath, climbing gently again until descending through a wood to a minor road. Follow the minor road uphill and across the A166 (taking great care).





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Ordnance Survey Map SE 85

Follow the track, which eventually descends past Megdale Plantation on your right to a kissing gate after $\frac{3}{4}$ mile into Hardy Field. Keep down the hill with the fence/hedge on your left, through a small gate, then keep Kirkby Beck on your right for 70 yds before turning right over a bridge. Ascend the grass field, then through a wood to Beech farm and continue to Painsthorpe Lane. Follow Painsthorpe Lane for $1\frac{1}{2}$ miles to a T junction. Turn left, and after 170yds go right along a bridleway. Follow the

waymarked bridleway down Worm Dale to its junction with Thixen Dale. Here at a junction of 4 Public Rights of Way, be sure to turn right. After around 350yds the path forks, take the R fork through Bradeham Dale. The path goes through a conifer wood, after which the dales splits in two, and the path follows the left dale - Wayrhams Dale back to the A166 (again taking EXTREME CARE - especially if in a group) and back to the picnic site.

Warter / Great Dug Dale / Lavender Dale



Distance: 7½ miles Time: 4 hrs

(Note if you are parking in Warter and walking to the start of Townend Wood, the road has no footway or grass verge along a short stretch and great care must therefore be taken)

Enter the Great Dug Dale open access area through a gate adjacent to a public footpath at the Warter end of Townend Wood.



Follow the track which eventually leads to the wide grassy valley of Great Dug Dale. As the valley narrows a large boulder looms up on the S side. A deviation to the rock provides a splendid view back down the valley towards Warter. At the head of the valley as it narrows and on the opposite side from the boulder go through a kissing gate and turn right. You are now on the Public Footpath that started back at the B1246. Follow the path to a minor road and turn left. At a sharp L bend go straight on, L after one field at the waymarked sign. Keep in a N direction taking care not to take the path that branches towards the east. Eventually come to the B1246 again.

Go through the wooden kissing gate next to the pair of large metal gates. Follow the track to Blanch Farm.

At Blanch Farm followed the waymarked bridleway left in front of the wood to the farm end of the wood then right and enter Brig Dale and eventually Lavender Dale. After the wood ends on your right take the path up the steep valley side and follow the bridleway through to the Huggate Warter minor road (the bridleway splits into 2 and either will lead you to the road). Follow the road back to Warter.





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Ordnance Survey Map SE 84, 85, 94, 95



Millington Pastures



Distance: 3½ miles Time: 2 hrs

Park at the Nature Reserve Car Park. Millington Pasture, the largest site of open access land in the East Riding of Yorkshire covering approximately 250 hectares, is an exceptionally fine system of deeply incised dry valleys in the chalk karst of the Yorkshire Wolds. Much of it is a Site of Special Scientific Interest (SSSI) and it is described as the finest in England being deeply cut, branching, undisturbed and complete in a small area. Much of the valley system is occupied by unimproved chalk grassland exhibiting a range of plant community types on the varying slopes and aspects. You may roam freely over open access land.



From the car park walk back onto the road, turn left and almost immediately go through the brideway gate on your left and climb the slope to another gate that leads out of open access land. Don't go through the gate but turn right and follow the fence line along the edge of Millington Dale. Cross a minor side valley and a public footpath keeping near the same fence line and following the contours of the main valley. Eventually follow the fence line round into Scoar Dale. At a fence going across the valley go downhill to the bottom of the valley. Follow the bottom of the valley back to the Millington - Huggate Road. Turn left at the road. Keep along the road until the entrance to Frenal Dale with a bridlegate on your left. Take the public footpath on your right. Follow the path back to Sylan Dale (steep flight of steps). Turn right in the bottom of Sylan Dale and back on to the road. Turn left and the entrance to the Nature Reserve Car Park is about 450 yds along the road.





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Worsen Dale and Stonetable Hill



Distance: 2½ miles Time: 1¼ hrs

From the eastern side of the beck in the centre of Bishop Wilton walk past the Post Office/Shop to the top of the village and along a public footpath that climbs steeply until you come to a kissing gate on the left.



Go through the kissing gate and uphill to the next stile. Here you enter open access land and you are free to roam anywhere within the bowl shaped depression known as Hagworm. Take any line towards Crow Wood that borders the northern edge of Hagworm, but there is a path around the southern rim. Once round the opposite side of Hagworm go through a kissing gate and around Crow Wood. Descend the northern edge of the wood in a westerly direction until where the path makes a 90 deg right hand turn, pass through a kissing gate which leads you into the Worsendale open access area. A track takes you to the exit kissing gate on the opposite side on Worsendale Road, but you may explore the whole of this area up to the

wood at the northern edge. Follow the road back down the hill to Bishop Wilton.



In the Spring the field next to Beck Lane is awash with a spectacular display of wild flowers including primroses and wood anemones.





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Ordnance Survey Map SE 75, 85



Cottam



Distance: 6¼ miles Time: 3 hrs

Parking places for the walk are few and far between. Park on the roadside verge at any convenient and safe point on Spellowgate or near the private road to Cottam Grange, ensuring access to fields is not obstructed. You may need to walk to the start point.

Starting at Spellowgate (Red Route 6¼ miles)

Opposite the green lane that heads southwest towards Sledmere Monument, take the bridleway signed off the road in a northeasterly direction. Keep the hedgerow on your right hand side whilst following the field edge path. After approx 1.5 mi the path becomes a hard concrete surface, you are now crossing the old wartime airfield of RAF Cottam - parts of the runways can still be seen. At a junction with another bridleway turn left towards Cottam, still on the hard surface of the old airfield. At the end of this path turn left towards Cottam House Farm, then right just before the small wood and follow the bridleway around the wood. Cross the farm access road to go through the gate opposite and continue ahead to the next gate. Turn right along a public footpath towards the ruined church. Go straight on past the church, over a stile and follow the field edge path to Cottam Grange.



Continue straight on past the grange in the same direction until a public footpath leads off to the left just before the minor road, taking you to the dry valley know as Phillip's Slack.

Go through the gate ahead and down the steep valley side to the bottom. Cross the stile ahead and turn left heading south down the valley. When you come to a fence in front of you, turn right for about 50 yds and then go through the gate on your left. Follow this valley (Cowlam Well Dale) until you reach a junction with another bridleway – look for a gate on your left. Go through this as you need to be on the other side of the fence in front of you. Turn right and continue down the valley, known as Cottam Well Dale, to return to Spellowgate. Turn left and follow the road back to the starting point.



Starting at the Langtoft/Cottam Road junction (Blue Route 4 miles)

Take the public footpath, which is signed leaving the road. After about 250 yds go through the gate ahead into the field and after another 200 yds turn right over a stile and follow the field edge path to Cottam Grange.

Continue straight on past the Grange following the details as above.

On reaching Spellowgate, turn left and walk along the road until you reach the bridleway signed off the road to your left, and follow the directions above 'Starting at Spellowgate' until you reach the ruined church, where you can return to your start point.

After passing the church, before reaching the stile turn right and follow the path back to the start.



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Ordnance Survey Map SE 96, TA 06

Beyond Cottam House farm is the site of a disused World War Two airfield. The land was sold to the Air Ministry by Julia Stead in 1938 and the airfield opened in September 1939 as a bomber station for no. 4 Bomber Group Command, which was a satellite to Driffield. The site had one hangar, three concrete runways, a perimeter track and twenty seven hard standings. However, in 1940 the site was abandoned and rarely used. Classed as “the biggest mistake of the war” air pockets made it unsafe for the landing

of light aircraft as it was 485 feet above sea level and it was only used for leaflet dropping. In March 1944 a USAAF 24 Liberator had to make a forced landing. After this, in 1945, it was used by 91 Maintenance Unit as a bomb dump, with the bombs brought by lorry from Driffield Station. The Control Tower was demolished in 1980 and the runways removed. The Generator House, Ablution Block and Laundry were still standing in 1999.

WHERE YOU CAN GO / WHAT YOU CAN DO IN THE COUNTRYSIDE

As well as the collection of open access walks within this booklet, there are several other ways to get connected with the countryside.

The Countryside Access website provides information on public rights of way, country parks, nature reserves, disused railway lines, coastal access points and countryside events and activities.

Here you can find out about the extensive network of local public rights of way that cross the authority which can be used for walking, horseriding and cycling, the new rights of access to 'Open Countryside' and Registered Common Land, and the best places to go and things to see.

Search for the best walks near you on our Walking the Riding Website, or if feeling adventurous why not tackle our long distance walks such as the Howden 20, Wolds Way, Minster Way or Beverley 20. We also organise much shorter healthy walks to improve physical health and mental well being.

So get fit by walking, visit a nature reserve, join a friends group, become a countryside volunteer, help us keep the beaches tidy or why not join us on one of many events that we run in the summer and winter.

From Kids go Wild days to Discovering Mammals we provide the means for all ages and all abilities to get out into the countryside and enjoy yourselves via our countryside events programme. Being out in the countryside gives us a sense of well being, makes us a little less stressed, takes us to new places and gives us new experiences; either on your own or in the company of the others the East Riding countryside is well worth a visit.

Finding the web site is easy - go to www.eastriding.gov.uk/countrysideaccess, or log onto the East Riding web site, and click on Tourism, Leisure and Culture, and then on the Countryside Access heading.



Walking the way to Health

If you fancy a walk but are worried you may not be fit enough, then the Walking the way to Health Scheme is for you.

For more information go to:

www.eastriding.gov.uk

then follow the links to Tourism, Leisure and Culture, followed by Countryside Access, and then Walking the Way to Health.

Public Transport

WALK 1 and 3

Can be accessed by EYMS bus services S1/S2/S3 between Market Weighton/ South Cliff and Newbald

WALK 2

Beverley is well served by rail and bus transport

WALK 4

No Public Transport

WALK 5

Fridaythorpe is served by National Express (Service NX563 Whitby - London) service and EYMS service 135

WALK 6

May be served by National Express (Service NX563 Whitby - London) service, but check first re pick-up and drop points, as there is no village/official bus stop

WALK 7

EYMS services 743/744

WALK 8

No Public Transport

WALK 9

EYMS services 747

WALK 10

EYMS service to Langtoft (1.5mi)

Further Information: East Yorkshire Motor Services - <http://www.eyms.co.uk/>
National Express - <http://www.nationalexpress.com/>



How to find the Open Access Walks

- 1 Bunny Hill / Hotham Carr
- 2 Beverley Commons
- 3 Newbald / Big Hill
- 4 Huggate / Frenal Dale
- 5 Fridaythorpe / Pluckham
- 6 Wayrham / Deep Dale / Worsen Dale
- 7 Warter / Lavender Dale / Great Dug Dale
- 8 Millington Pastures
- 9 Bishop Wilton / Hagworm / Worsen Dale
- 10 Cottam



Please contact the Countryside Access Team with any enquiries or feedback

By telephone: 01482 395202/395204

or via the feedback form

Website: www.eastriding.gov.uk/countrysideaccess



EAST RIDING
OF YORKSHIRE COUNCIL

